

NEW MAN, NEW WOMAN, NEW LIFE – OUTREACH PROGRAM

Report by John K. Njoroge (NMNWNL TOT/Facilitator)

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INTRODUCTION

As with the SPILL-based New Man, New Woman, New Life (NMNWNL) program, this outreach program [using the same approach to teaching and learning] aimed to restore God's life-affirming ideal for men and women, providing participants with a deeper understanding of God's design for self, relationships, and marriage. The outreach program was successfully facilitated the 13 studies that explored various aspects of the biblical narrative and its implications for life today. This outreach program was able to equip and empower participants to become change agents and raise the standards of Christian relationships. The aim of this outreach program is to take the NMNWNL program closer to prospective participants and delivered at the local areas.

PROGRAM PARTICIPANTS

During the outreach program, we had the privilege of training 16 women and 1 gentleman, Bishop Christopher Gachanga Njau, who actively engaged in the study. Their commitment and enthusiasm contributed to the success of the program. The participants' names are as follows:

1. Christopher Gachanga Njau
2. Jane Muthoni Gachanga
3. Vivian Guthera Ndung'u
4. Mary Guthera Christopher
5. Miriam Nyambura Muya
6. Jane Wairimu Wamarema
7. Hannah Njoki Njuguna
8. Grace Nyakio Mburu
9. Florence Wanjiru Gachanga
10. Ann Mwihaki Ngaruiya
11. Naomi Wanjiru Chira
12. Joyce Wairimu Gatumbi
13. Alice Wanjiru Mungai
14. Mary Wanjiru Kamiri
15. Rosemary Nyangahu Mbugua
16. Hannah Njoki Nderitu
17. Caroline Wairimu Kamuyu



Participants at their local training center

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PROGRAM STRUCTURE AND IMPACT

The 13 studies were conducted over a period of five months, with participants engaging in three studies each month. The structure allowed for in-depth discussions and reflection on the topics covered. The participants expressed great joy and had numerous "aha moments" throughout the program. Here are five quotes highlighting key learnings and revelations from different participants:

- a. Jane Muthoni Gachanga: "I always thought that submission meant being inferior or silent. However, through this study, I learned that submission is about mutual respect and honoring one another's roles. It has transformed my understanding of marriage."
- b. Miriam N. Muya: "The study on patriarchy and dominance was eye-opening. I realized that God's intention was never for men to dominate women, but for both to have equal value and purpose. This understanding has changed the way I view myself and how I interact with others."
- c. Hannah Njoki Njuguna: "The study on Jesus's message to the world about women not being sex objects deeply impacted me. It made me recognize the importance of dignity and respect for women, and how society's objectification of women goes against God's design."
- d. Christopher G. Njau: "As the only male participant, I initially had reservations about joining this study. However, through the sessions on honor, authority, and headship, I gained a deeper understanding of my role as a husband and leader in a way that promotes equality and love."
- e. Florence Wanjiru Gachanga: "The study on redemption from the curse gave me hope and reminded me that Christ's sacrifice restores our true identity and purpose. It empowered me to break free from societal expectations and embrace the freedom we have in Christ."

PROGRAM LOGISTICS

The outreach program was carefully planned and implemented to ensure its effectiveness and accessibility. Here are some key logistics:

- a. Venue: The program was conducted at Gracestar Prayer Center, Ndumberi, Kiambu County, which was a central location that was easily accessible to all participants. It was a venue graciously offered for the Bible study sessions, providing a comfortable and conducive environment for learning and discussion.



Participants during a training and discussion session

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- b. **Schedule:** The program started in December 2022 and divided into 13 sessions, with three studies covered each month. Sessions were held once a week, allowing participants sufficient time for reflection and preparation between meetings. Each session lasted approximately two hours, providing ample time for in-depth discussions.
- c. **Facilitators:** The program was facilitated by a trained team of leaders who had a deep understanding of the study material and its biblical foundations. The facilitators fostered an environment of openness, encouraging participants to share their thoughts, ask questions, and engage in meaningful dialogue. The facilitators were,
- John K. Njoroge – NMNWNL TOT/Facilitator
 - Peter Kimani – NMNWNL Master Level Trained
 - Grace W. Kimani – NMNWNL Master Level Trained
 - Magdalene Mburu – NMNWNL Master Level Trained
- d. **Facilitator Feedback:** The facilitators played a crucial role in guiding the participants through the study program. Their feedback provides insights into the effectiveness of the program and its impact on the participants. Here are some key feedback points:
- i. Grace W. Kimani: "It was truly rewarding to witness the participants' growth and engagement throughout the program. The discussions were rich and thought-provoking, allowing us to delve deeper into the biblical principles of equality, respect, and redemption. The participants were eager to apply these principles to their lives, marriages, and families."
 - ii. Magdalene Mburu: "The program challenged societal norms and cultural expectations, providing a biblical perspective on gender roles and relationships. It was inspiring to see the participants embrace these truths and recognize their inherent value and worth in God's eyes. The program fostered a sense of unity and mutual respect among the participants."
- e. **Graduation:** After successful completion, the participants graduated with so much joy and excitement at the St. Paul's Institute of Leadership and Lifelong Learning (SPILL) on May 2nd 2023.



Participants at SPILL – Final Day of discussions before graduation

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FUTURE PLANS FOR THE OUTREACH PROGRAM

The success of this outreach program has laid a strong foundation for future endeavors. Here are some proposed plans for expanding and continuing the outreach program:

- a. **Local Expansion:** Building on the success of the initial program, we aim to expand the outreach to reach more communities in various local areas. By partnering with churches and community organizations, we can bring this transformative study program to a broader audience.
- b. **Training and Empowerment:** We recognize the importance of equipping leaders and facilitators to effectively deliver the study program. To ensure the sustainability and impact of the outreach, we plan to continue working with NMNWNL Master-level trained facilitators, who are distributed across Kenya, empowering them to lead and guide future Bible study groups with the guidance and oversight of TOT facilitators.
- c. **Online Training:** In today's digital age, online resources can enhance the accessibility of the study program. We plan to start online training and use of the online study guides, allowing individuals to engage with the study and content remotely.
- d. **Community Engagement:** We envision the outreach program extending beyond the Bible study sessions. By organizing community events, workshops, and seminars, we aim to engage with a wider audience and create meaningful conversations about relationships, marriage, and God's design for individuals and families.

CONCLUSION

The outreach program was a resounding success, fostering deeper understanding and revelation among the participants. Through the 13 studies, participants gained insights into God's ideal for self, relationships, and marriage, challenging cultural norms and embracing God's design for equality and mutual respect – and resulting in personal transformation and renewed commitment to living according to biblical principles. The quotes shared by the participants highlight the transformative impact of this program. We are grateful for the opportunity to have brought this program to the participants' local context, and we are excited about the future plans to expand the outreach, start online training, and engage with the community at large. We believe that through these efforts, more lives will be impacted, and individuals will experience the joy and fulfillment of living out God's divine plan for their relationships.

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